

Eynsford Baptist Church

For God so loved the
world...

Mighty God

Everlasting Father

Prince of Peace



Wonderful Counsellor

January's Trident is planned to drop through your letter box the week before Christmas. Of course, you may be so preoccupied with preparing for the festive season that you don't get to read this till the new year! But "fear not", as the angel said to the shepherds... "read on!"

Winston Churchill, to whom we owe so much, wrote of Christmas, "It is a season not only of rejoicing but of reflection." There's great truth in that and perhaps he had in mind the follow-on tradition of New Year's resolutions. Nevertheless, I can't help feeling that it's not always quite as simple as the great man said.

Interludes for reflection are undeniably hugely important. They provide space for thinking, seeing things in perspective, reordering priorities and planning course corrections. But generally, such intermissions don't just happen. They have to be planned. In the case of Christmas, the frenetic build-up and jam-packed days and subsequent exhaustion can all too easily crowd this out. The urgent is always at war with the important! With presents to pack, meals to prepare and events to attend many of us are operating at full throttle, hardly the frame of mind for meditating.

And this, of course, applies to life generally not just to the festive season. So, I suggest that Churchill's words for many of us are more of an aspiration than a reality. Nevertheless, the fact remains, interludes for reflection are crucial.

The answer, I suggest is to intentionally plan a time and a place; a personal appointment with ourselves, booked in our diaries or calendars! A fixture, not to be given up unless, of course, it is a matter of life and death! So why not get out your diary now and book yourself in?

To adapt a well-known slogan, "Reflection is for life and not just for Christmas!"

Happy New Year!
CJM

This month's lunch will be on Thursday 9th January at 12:30, when we will enjoy Sausages in onion gravy, creamed potatoes and veg..... pineapple upside down pudding and custard If you're planning to come and haven't already signed-up, please phone Dave on 01959 439741 to book your place.