

## Eynsford Baptist Church

### “FEAR NOT”

Despite our beautiful spring, a virus has gripped the world with fear. I was plagued by fear from an early age and the fears increased as I grew up. I managed them by avoidance, but it was life limiting. The fearful child grew into a fearful woman, but fears for our children became increasingly difficult to manage until I heard about Jesus Christ.

It was understanding the enormity of what the love of God accomplished through Jesus on Good Friday and Easter Sunday that set me free from my fears.

This little story demonstrates the love of God towards a fearful child.

A young boy and his dad were traveling together in the car - suddenly the lad began thrashing his arms about, yelling and crying – he was absolutely terrified. The man calmly extended his arm to his son, gently unclenching his fist to reveal a dead bee - the sting was clearly visible in his palm. “Don’t be afraid, I’ve taken the sting for you - it can’t hurt you anymore.”

As scientists continue trying to find a vaccine that beats the virus, let’s remember Jesus’ words: “Fear not, I am always with you”. His shed blood is the vaccine that shields us from all fear, including the fear of death.

If you are experiencing anxiety at this time, please think about emailing or phoning a leader from one of the local churches.

In the wonderful name of Jesus

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Fear not, for I have redeemed YOU;

I have called YOU by name,

You are MINE

Isaiah ch43 v1

Please take a look at our website - lots of interesting snippets - and if you have anything for our community gallery please do send it in. <http://eynsfordbaptist.org.uk/>